



Navigating School Avoidance, Refusal, and Anxiety

This training will provide a clear understanding of school anxiety, refusal, and avoidance—what they look like in students and how they impact school functioning. We'll explore the different types of school refusal and share practical, collaborative strategies for addressing each within the classroom and broader school environment.

Educators will learn how to partner with families to implement proactive supports that can reduce escalation and prevent chronic avoidance. We'll also discuss how parenting styles can influence student behavior, and introduce our Parent Coaching Model (Model–Assist–Guide–Empower) as a tool for enhancing family-school collaboration. The session will conclude with a preview of our new book, offering evidence-based strategies and real-world tools to support students struggling with school-related anxiety.

LOCATION

**Morton Unit School District
Administration Building
1050 South Fourth St
Morton IL**

DATE & TIME

Wed, November 19 | 1PM-3PM

Pre-registration is required for all participants

Register at tmcsea.org

Tazewell-Mason Counties Special Education Association is an Illinois State Board of Education Approved Professional Development Provider and Illinois Department of Financial and Professional Regulation Continuing Education Sponsor. 2 Professional Development hours and 2 Continuing Education Units will be issued for this inservice presentation.