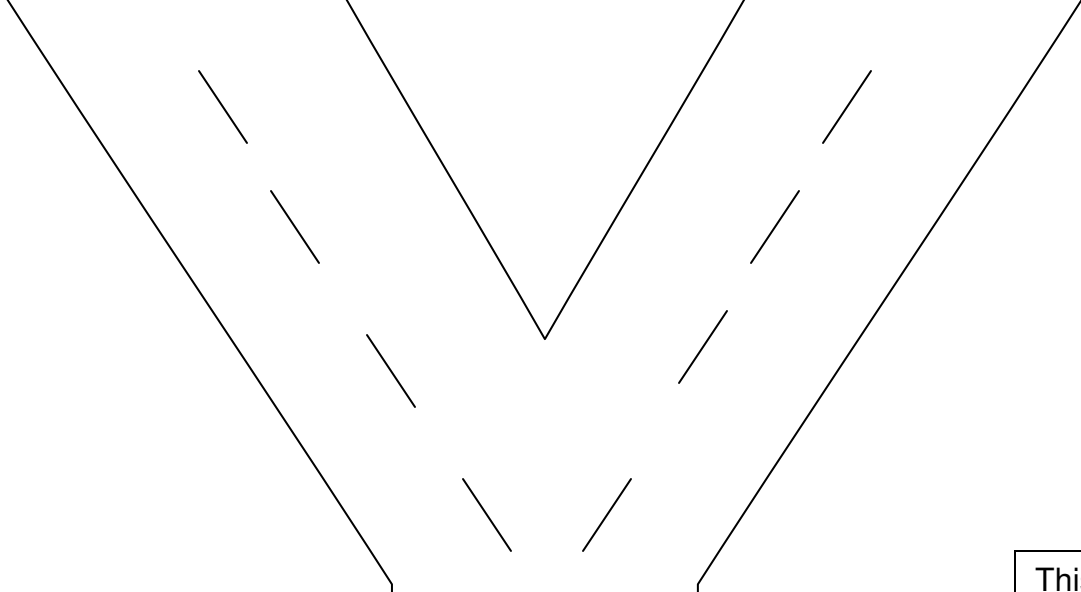


Explain Positive/Alternative Behaviors

Explain Behaviors to Target for Change



Mind The Gap

⇒ This is the time to make a choice between the negative and positive consequences

Internal State

⇒ This helps a person become aware of his or her internal state (ie – anxiety, frustration)

