



## **STARNET & Early Childhood Education: Connecting Brains and Bodies: Emotional and Sensory Regulation Strategies for the Classroom**

During this in-person workshop, participants will explore and define emotional and sensory regulation and how intertwined our brains and bodies are. Participants will learn about all sensory systems and ways to support students with sensory and/or emotional regulation challenges in the classroom. Participants will go through a series of case studies, explore sensory tools, and experience how to regulate their bodies and emotions in order to facilitate play and learning.

**LOCATION**  
**Pekin Public Library**  
**301 S. 4th St.**  
**Pekin, IL 61554**

**DATE & TIME**  
**Lunch is NOT provided**  
**October 4, 2024**  
**9:00a - 3:00p**

Pre-registration is required for all participants

**Register at [tmcsea.org](http://tmcsea.org)**  
**5 Hours PD/CUE Hours**

Tazewell-Mason Counties Special Education Association is an Illinois State Board of Education Approved Professional Development Provider and Illinois Department of Financial and Professional Regulation Continuing Education Sponsor. \_\_\_ Professional Development hours and \_\_\_ Continuing Education Units will be issued for this inservice presentation.